

The versatile Back Vitalizer has many uses to strengthen and support the back, or even ankle rehab



optp exclusive



new!

Back Vitalizer™

A 16" x 12" multi-functional air pillow, the Back Vitalizer offers multiple ways to relieve back pain:

- When laid upon, it bridges the lumbar spine for decompression of the discs.
- Placed on a chair behind the back, it functions as a lumbar support.
- When sat upon, it functions similar to an exercise ball activating the deep stabilizing muscles of the spine for core stability.
- On the seating surface it functions as a posture positioning wedge.
- In standing it can be used for ankle rehab and balance training.

Premium biodegradable polyurethane coated nylon is durable and easily washable. Adjustable inflation allows for total control of the level of exercise or support.

Back Vitalizer™ (#273)

"I have just purchased my second Back Vitalizer to use in my car. I have recommended this product to everyone I know with back problems." —Joe M., Arizona



UE* Board & Ball™

Use the UE* Board & Ball for closed-chain exercises, stabilization exercises and resistive exercises for the upper extremities. Includes an exercise sheet describing different applications.

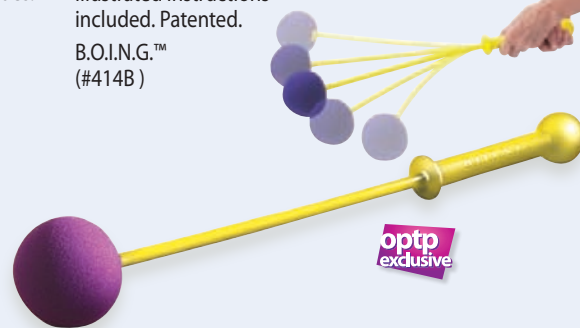
UE* Board & Ball™

Hand-held disk and inflatable ball (#400)

Replacement ball/assorted colors (#400-2)

B.O.I.N.G.™ (Body Oscillation Integrates Neuromuscular Gain) provides a combination of isotonic and isometric resistance when oscillated to employ muscular contraction of the wrist, elbow, shoulder, trunk and lower extremities. Illustrated instructions included. Patented.

B.O.I.N.G.™ (#414B)



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Pul-Ez™ Grip-Free Pulley

By reducing or eliminating muscle tone overflow to the shoulder associated with gripping a standard pulley handle, the Pul-Ez™ improves range of motion, comfort and exercise compliance. Ideal for neurological patients. The universal bracket fits standard and thick doors. Choice of a compact, portable metal door bracket or a patented, non-slip webbing door strap. Lightweight and portable. Exercise guide included.

Pul-Ez™ Grip-Free Pulley

With metal bracket (#407)

With webbing strap (#407W)

RangeMaster™

The RangeMaster™ overhead shoulder pulley offers a creative solution to effective and passive shoulder range-of-motion. The universal bracket fits standard and thick doors. Choice of a compact, portable metal door bracket or a patented, non-slip webbing door strap. Lightweight and portable. Flip-chart exercise guide included.

RangeMaster™ with:

Wood handle/metal bracket (#408)

Wood handle/webbing strap (#408W)

