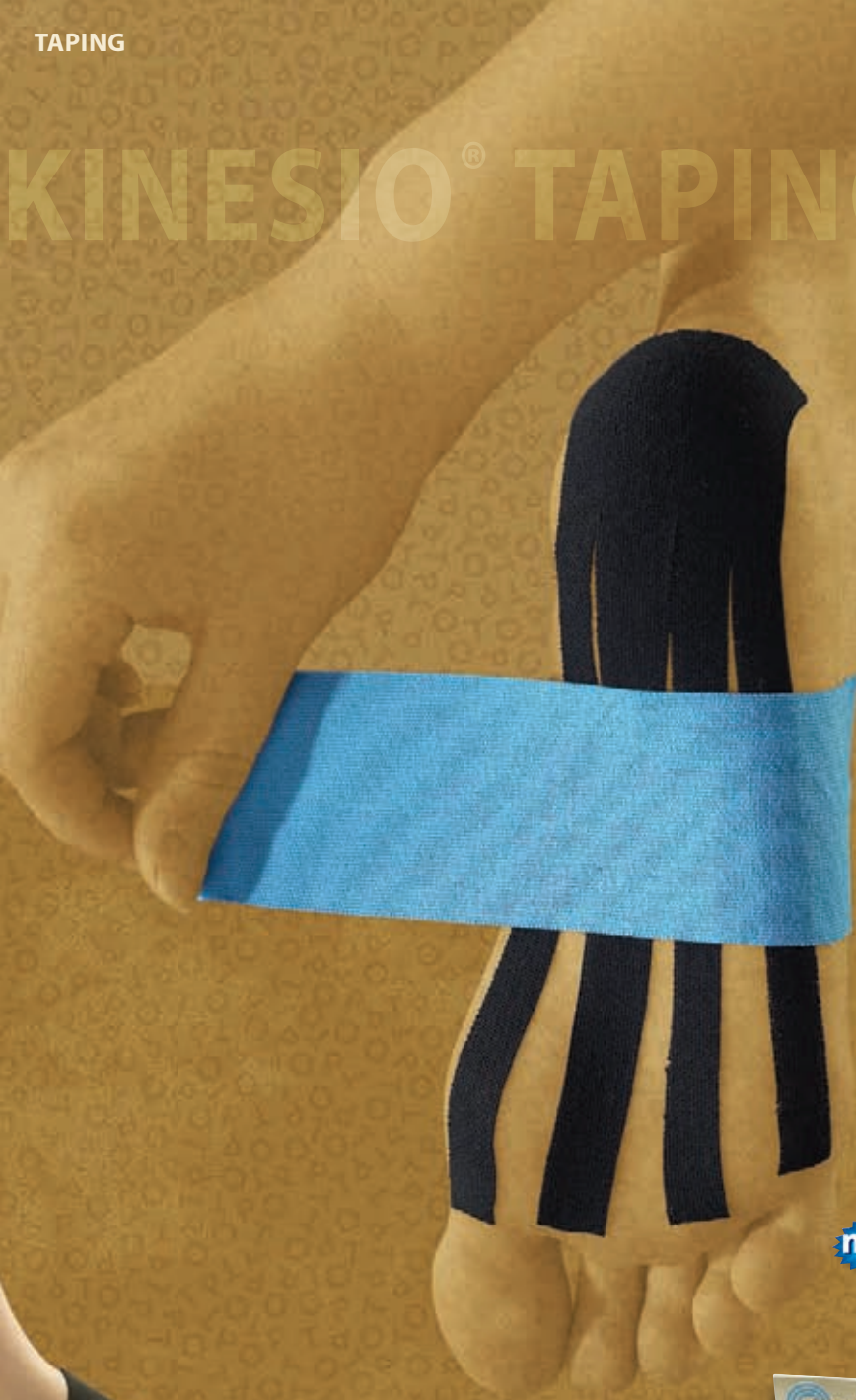


# KINESIO® TAPING



### Kinesio® Tex Gold™

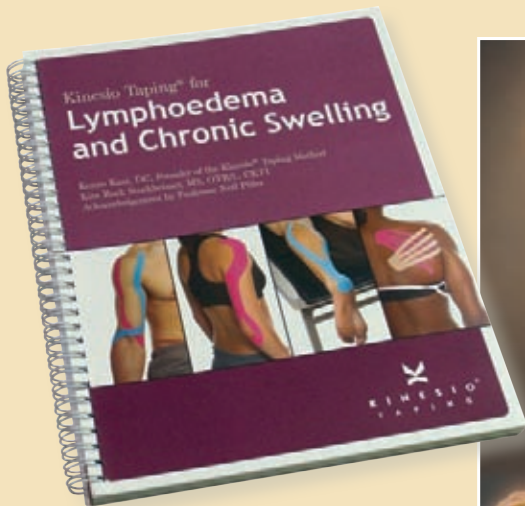
Back by popular demand, Kinesio Tex Gold with the original 'wave-pattern' adhesive design and elasticity similar to skin, is the standard for elastic therapeutic taping techniques. Kinesio tape provides a gentle epidermis lift to facilitate lymphatic drainage and healing. Kinesio Taping® techniques can also be used to re-educate the neuromuscular system, improve blood/lymph circulation, relieve pain and provide comfort and stability to your patient. All colors are water-resistant and latex free.

### Kinesio® Tex Gold Tape™

Color	Size	Item No.
RED	2" x 5.5 yds	#125
BLUE	2" x 5.5 yds	#126
BLACK	2" x 5.5 yds	#127
BEIGE	2" x 5.5 yds	#128
BEIGE	3" x 5.5 yds	#130

**new!**  
3" wide





**Kinesio Taping® for Lymphoedema and Chronic Swelling**

With the introduction of our unique lymphoedema techniques, Kinesio Taping® now offers an effective modality to compliment other lymphoedema treatments. This taping resource demonstrates step-by-step instruction of over 108 common and not-so-common applications associated with lymphoedema, chronic swelling and scar management. Illustrated. Softcover, spiral bound, 172 pages. Benefits of the Kinesio Taping® Method for lymphoedema include:

- The alleviation of pain
- Assisting in the movement of muscles
- The repositioning of joints
- The creation of space within the superficial skin that leads to decreased pressure and opens initial lymphatics

*Kinesio Taping® for Lymphoedema and Chronic Swelling (#8191)*

**What is lymphoedema?**

Most people know very little about lymphoedema, how and why it occurs and what can be done is still a mystery to most. This chronic disease is known to affect more than 12 million men, women and children worldwide, affects any part of the body and is why the treatment of this condition is on the mind of every healthcare professional.

Lymphoedema is caused due to a disruption in the lymphatic system, resulting in obstructed or restricted lymphatic flow, chronic swelling and pain. Muscles help us move and also help control the venous circulation and lymph flow. By utilizing the Kinesio Taping® Method and applying the Kinesio® Tex Tape directly to the skin, Kinesio Taping® can assist in the movement of muscles, repositioning of joints, alleviation of pain, but most importantly assist in the “lifting or creation of space” within the superficial skin decreasing pressure while opening initial lymphatics. The effect of Kinesio Taping® on muscle also improves the efficiency of the deeper lymphatics by allowing maximum contraction and relaxation of a muscle.

**Clinical Therapeutic Applications of the Kinesio Taping® Method**

An essential clinical guide demonstrating the Kinesio Taping® Method. Over fifty clinical conditions are covered including patellofemoral, myofascial and osteoarthritis. Methods such as mechanical correction, fascia correction, functional correction, lymphatic correction and ligament correction are explained thoroughly with excellent photo imagery. Softcover, spiral bound, 198 pages.

*Clinical Therapeutic Applications of the Kinesio Taping® Method/2nd ed. (#8190-2)*



**Kinesio Taping® in Pediatrics, Fundamentals and Whole Body Taping**

Written in a user-friendly style, this full-color manual is a must have for pediatric therapists using the Kinesio Taping® Method. The intent of the book is to help you build the foundation of skills needed for effective taping and improved patient outcomes. The covered KT applications are those that affect children from infant to adolescent. Illustrated. Softcover, spiral bound, 218 pages.

*Kinesio Taping® in Pediatrics, Fundamentals and Whole Body Taping (#8189)*

