



“The M.E.L.T. Method” (Myofascial Energetic Length Technique) is a proactive, self-treatment approach to maintaining a pain-free, active lifestyle by rehydrating the connective tissue. The OPTP PRO-ROLLER™ and SOFT PRO-ROLLER™ are the only rollers I recommend.”

—Sue Hitzmann, MS, CST, NMT
presenter for IDEA, ECA and IHRSA
Somatic-Movement Educator
and Manual Therapist
Longevity Fitness, Inc.
www.meltmethod.com

- *Designed for professional use*
- *Ideal for Pilates studios and clinics*

optp exclusive OPTP PRO-ROLLER™ Series

Guaranteed not to break down! The OPTP Pro-Roller is the preferred choice for those looking for a comfortable, high-quality, long-lasting foam roller. This attractive marble roller is moderately firm and has a lightly textured surface. With its closed-cell structure and cross-linked foam technology, the OPTP Pro Roller is incredibly comfortable, durable and easy to clean. Exclusive heat molded foam roller technology enables this roller to withstand exceptionally heavy usage.

Available in green or blue marble.

OPTP PRO-ROLLER™ 36" x 6" round: Blue Marble (#PFR36B)	\$26.95	\$22.85 (12+)
OPTP PRO-ROLLER™ 36" x 6" round: Green Marble (#PFR36)	\$26.95	\$22.85 (12+)
OPTP PRO-ROLLER™ 36" x 3" half-round: Green Marble (#PFH36)	\$15.50	\$13.50 (12+)