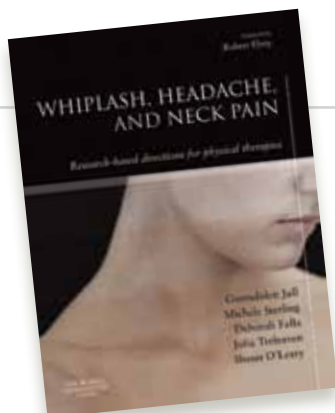




optp exclusive **Whiplash Injury Recovery: A Self-Management Guide**

Developed for those suffering from whiplash injury, this booklet provides information about whiplash-associated disorders and how to manage the neck post injury. To assist those on the road to recovery this guide provides an in-depth explanation of whiplash, a specially designed exercise program proven to assist in the reduction of neck pain and advice on how to prevent unnecessary strain. Written by Gwendolen Jull, PT. Illustrated. Booklet, 24 pages.

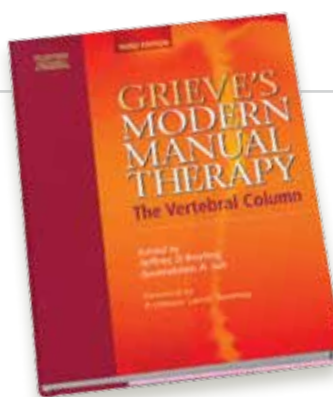
Whiplash Injury Recovery: A Self-Management Guide (#8187) **\$3.50** \$2.95 (12+)



Whiplash, Headache and Neck Pain

This text provides research-based directions for physical therapists and rehabilitation practitioners regarding whiplash and related cervical headache. Topics include: Sensory Manifestation of Neck Pain, Disturbances in Postural Stability, Whiplash Associated Disorders, Differential Diagnosis of Cervico-Brachial Pain, Therapeutic Exercise for Cervical Disorders. Written by Gwendolen Jull, PhD and co-researchers. Illustrated. Hardcover, 260 pages.

Whiplash, Headache and Neck Pain (#8194) **\$51.95**



Grieve's Modern Manual Therapy: The Vertebral Column

This new edition includes work from over 60 contributing specialists including: Paul Hodges, Diane Lee, Lorimer Moseley, Jenny McConnell, Julie Hides and more. Evidence-based content is completely revised, updated and fully referenced. Edited by renowned authors Gwendolen Jull and Jeffrey Boyling. Over 250 illustrations. Hardcover, 643 pages.

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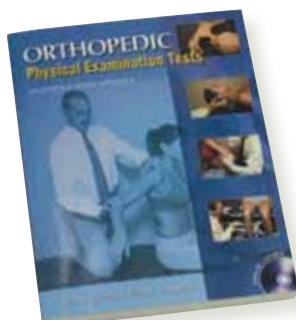
Gwendolen Jull, MPhy, PhD, FACP, is a Professor of Physiotherapy in the School of Health and Rehabilitation Sciences at The University of Queensland, Australia. Dr. Jull is a Specialist Musculoskeletal Physiotherapist and is a Director of the Center of Clinical Research Excellence in Spinal Pain, Injury and Health. Her research investigates the pathophysiology of neck pain of both idiopathic and traumatic origin as a basis for prevention, diagnosis and management approaches for neck disorders. The research is also concerned with testing the efficacy of specific management approaches. Professor Jull has published extensively, is co-editor of the international journal, *Manual Therapy* and co-edited the 3rd edition of the international text *Grieve's Modern Manual Therapy of the Vertebral Column*.



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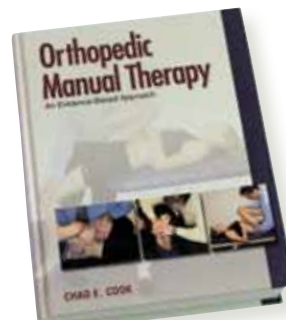


Orthopedic Physical Examination Tests

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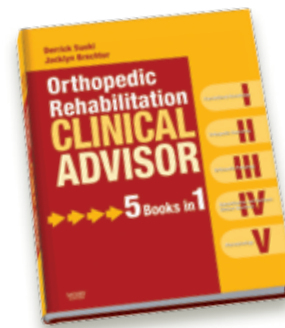


Orthopedic Manual Therapy: An Evidence-Based Approach

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