



Professor Freddy M. Kaltenborn introduced the principles of manual therapy throughout Europe in the 50s, and over the next five decades was instrumental in establishing this practice specialty throughout the world. His work laid the foundations for the International Federation of Manipulative Therapists (IFOMT) practice standards. Professor Kaltenborn is an author, lecturer and researcher. He continues to make significant contributions to manual therapy. For information regarding educational programs, contact: John Krauss, PT, PhD, OCS, FAAOMPT, Oakland Univ. Program in PT e-mail: Krauss@oakland.edu Michael J. Moore, PT/Tim McGonigle, PT, Folsom PT & Training Center; Phone: (916) 355-8500, www.folsomphysicaltherapy.com

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optp exclusive Manual Mobilization of the Joints, Vol I: The Extremities

This volume contains clear, easy-to-find indications and objectives for each test and mobilization technique, while the new organization of techniques illustrates how simple alterations in grip, body positioning, grade of movement and duration can transform a technique from a test into an effective treatment. Volume I also contains an expanded theoretical discussion on grades of movement and their application in testing and treatment. This is the 6th, revised edition of Freddy Kaltenborn's classic guide to manual, passive joint mobilization. Illustrated. Softcover, 332 pages.

Manual Mobilization of the Joints, Vol I: The Extremities, 6th ed. (#608-6)\$45.95 \$32.17 (12+)

optp exclusive Manual Mobilization of the Joints, Vol II: The Spine

This classic Kaltenborn text, now in its 5th edition, focuses on basic evaluation and mobilization with an emphasis on biomechanical principles. In this volume each assessment and treatment technique is clearly illustrated showing patient positioning, stabilization of the patient and therapist hand placement; the volume also contains an expanded description of objectives, advanced techniques and grades of translatory movement.

Progression from a test maneuver to a mobilization technique. Illustrated. Softcover, 336 pages.

Manual Mobilization of the Joints, Vol II: The Spine, 5th ed. (#607-5)\$45.95 \$32.17 (12+)

For over 50 years, Kaltenborn's classic handbooks on Manual Mobilization of the Joints have introduced thousands of clinicians and students worldwide to the practical foundations of joint mobilization. In these books, Kaltenborn describes each test and mobilization in simple and precise language reinforced by numerous clear photographs. The content of these books is designed to fulfill the basic manual therapy requirement of physical therapy curriculum.



optp exclusive Manual Mobilization of the Joints, Vol III: Traction-Manipulation of the Extremities and Spine

This first edition of Traction-Manipulation is written for beginning students of manipulation. Kaltenborn developed these risk-free techniques for the safe teaching of joint manipulation in a classroom setting. This handbook presents basic traction-manipulations for the extremities and spine, with Kaltenborn's hallmark marriage of functional anatomy to clinical practice. Illustrated. Softcover, 107 pages.

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